

Why do we love dogs so much?
Because they are living proof that good still exists in this world.



**Thank you to Michael Hohl Motor Company
for your continued support!**



Every year during the month of October, Michael Hohl Motor Company challenges Carson City to fill a new pick up truck with pet food for Pets of the Homeless. This year the public, employees and customers filled the truck with an astounding 2,480 pounds of pet food. That's 1.24 TONS of pet food! The community's homeless and low income continue to feel the love and the pet food will be distributed at Friends in Service Helping.

Thank you Michael Hohl for offering Pets of the Homeless the full pick up truck to drive as our float in the 80th Annual Nevada Day Parade. Every year Nevada celebrates it's admission to the Union and is a state holiday. It is one of the largest celebrations of Statehood in the country! Staff, family and volunteers followed along with the packed full-of-pet food GMC truck and spread the word about our mission!

Thank you so much to Michael Hohl Motor Company staff, the Reno Corvette Club, FISH and Carson City! We appreciate your continued support!



[Learn More](#)

605 Tons of Pet food Collected	396 Donation Sites Nationwide	19,269 Pets medically treated	\$1,014,050 Given in veterinary care, food, and crates
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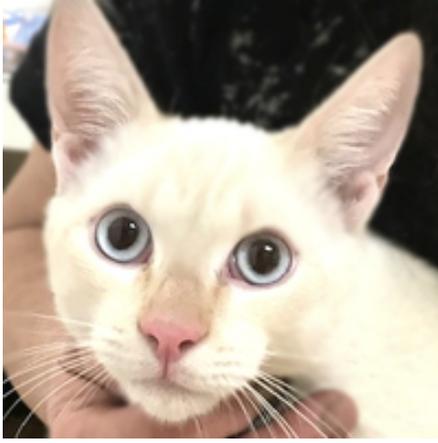
"I keep her safe and warm at night."

A disabled homeless woman in the Colorado Springs, Colorado area called Pets of the Homeless seeking emergency veterinary care assistance. She is staying in a shelter, has been homeless for the past 15 months and receives food stamps as her only source of income. She learned about us through one of our network veterinarians. The hospital informed us that her four-month old Rottweiler mix, Zeus, tested positive for parvovirus.

The doctor recommended and we approved: hospitalization, catheter, IV fluids, injections, and medications. We spent a total of \$557.16 over a two-day period for Zeus. The hospital told us Zeus was doing much better and is going to fully recover.



A homeless woman living on the streets for about 2 months in the San Diego, California area called Pets of the



Homeless. She learned about our services from a friend. She called about her cat, Trigger, a 7-month-old intact male white and orange kitty. Trigger had been having diarrhea for about 3 weeks and had not had any vaccinations. We approved an examination at participating network veterinarian.

After the exam, the vet recommended and we assisted with a fecal test, probiotics, antibiotics, flea control and a

feline FIV test. We also assisted with vaccinations. Assistance for Trigger amounted to \$198.35.

Donate Now to Help More Pets like Zeus and Trigger



Thank you to our new Donation Sites

Got Ur 6 - Boron, CA
Lighthouse Mission Ministries - Bellingham, WA

Donation Sites - please remember to send in your Donation Site Reporting Forms by January 5, 2019 to be included in our quarterly drawing for a \$50 Starbucks gift card!

Donation Site Reporting Form

Holiday Shopping?

Don't forget while you are shopping on Amazon, please support Feeding Pets of the Homeless. Go to [Smile.Amazon.com](https://www.smile.amazon.com) and sign in as you normally do, and please choose Feeding Pets of the Homeless as your favorite charity. Amazon will give back 5% of all purchases.

Pets Are Proven to Improve Mental and Physical Health

Pets bring happiness to our lives. They provide unconditional love. Having a pet has been proven to improve mental and physical health. As a pet lover, you know how you feel when your dog or cat is so happy to see you, gives you wet kisses and then snuggles with you after you

settle in.

Recent studies show that pets lower our stress levels, help us sleep better, and help us feel less lonely. According to Dr. Helen Louise Brooks, a doctor of psychology from the University of Liverpool, pets provide people with "a feeling of acceptance without judgement." They also give people "a sense of purpose and identity." We know that when we care for a pet, we feel needed because they depend on us.



If you are living alone, having a pet provides companionship and can even prevent illness. Living alone can spark depression, but many pets know when you're feeling upset, and will provide you with comfort.

Five minutes of interacting with a pet can reduce stress and anxiety in one's body. Even just petting your dog or cat can reduce cortisol levels, lower our blood pressure, and release oxytocin.

Pets don't dwell on things the way people do. They help people live in the present. Having a pet helps bring mindfulness to us as pet owners. Mindfulness is the psychological process of bringing one's attention to the present moment, and it may reduce stress levels and anxiety in our lives.

Owning a pet makes us happier and less stressed, which is good for heart health. "When we are calm and happy, often times blood pressure is lower than when we are anxious or upset," said Dr. Kathryn Berlacher, MD MS, medical director of the Magee-Womens Heart Program. "If petting a dog or cat makes us feel better or happy, there may be health benefits to doing it regularly."

If we own pets like dogs, we will exercise more often which is excellent for heart health. When we walk our dogs, we help our heart get the physical activity recommended by the American Heart Association. Actually, walking our dog every morning helps us get on track for other healthy choices. Going to the dog park might help us make new friends, while petting our dog or cat in the evening may help us unwind and get a better night's sleep.

To a homeless person, all of the above benefits are taken into account. Unconditional love. Having a friend so as not to feel lonely. Comfort. Acceptance without judgement. A sense of purpose and identity. Mindfulness. Reduced stress (which is extreme for a homeless individual). Making friends.

These reasons are why providing pet food and emergency veterinary care assistance to pets whose owner is homeless is so important.

Thank you to all of our supporters. Because of you, our mission to help support a homeless person's dog or cat, their best friend, is possible.

Source: <https://www.women.com/kelleyobrien/lists/pets-and-mental-health-103118> and <https://share.upmc.com>



Feeding Pets of the Homeless is the only national animal organization focused completely on feeding and providing emergency veterinary care to the pets of the homeless.



GIVE A DONATION



DROP OFF FOOD



BECOME A DROP
OFF LOCATION



VOLUNTEER

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Keep in Touch



Feeding Pets of the Homeless
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